

MARK GLENTWORTH's OffFest nominated musical returns to London

MMGMUSIC PRODUCTIONS presents

SEVEN and a half YEARS

Written & performed by Mark Glentworth

Directed by Julia Stubbs

14-16 September at 19:45 (60 mins)

Applecarts Arts, The Passmore Edwards Building, 207
Plashet Grove, London E6 1BX



Success. Despair. A new beginning.

Mark Glentworth was at the height of a successful music career and then he lost it all. Suffering a breakdown, he spent **SEVEN and a half YEARS** in isolation, firstly inside a psychiatric unit and then inside his own home, existing on just a single sandwich every day from his corner shop. But eventually he made it back to his family, to the world, and to music.

Witness an extraordinary true story as Mark shares his moving, darkly humorous, and uplifting journey through music and storytelling in this award-winning, OffFest nominated solo show.

At the age of 16, **Mark Glentworth** was one of the youngest students to study percussion at the Royal Northern College of Music and it was here that he composed his world-renowned vibraphone solo *Blues for Gilbert* which has gone on to become the most performed, recorded and studied solo tuned percussion piece of all time. In his career, Mark has worked with Sir John Gielgud, Sir Peter Maxwell Davis on his *Fires of London*, the BBC Symphony Orchestra, the London Sinfonietta, the Hallé Orchestra, and as the long-term musical collaborator to actor/writer Steven Berkoff on many of his acclaimed theatre productions.

Director **Julia Stubbs** recently directed the premiere of *Still Here* by Mari Lloyd (★★★★ Jack Studio Theatre); other credits include Anne Bertreau's solo play with music *A Voice* (★★★★ Brighton Fringe & Edinburgh Fringe); and the Off-West End transfer of Steven Hevey's debut play *In My Name* (Trafalgar Studios) named One of FIVE BEST PLAYS in London by the Evening Standard.

Reviews and Awards for SEVEN and a half YEARS

OffFest nomination from Off West End for shows at the Greater Manchester Fringe 2023

"an intensely personal piece that is both real and relevant... It was a story for our times" Reviewer Number 9

★★★★ "a really good piece of storytelling" North West End UK

"Glentworth creates an impressive drama through the music" Backstage Bristol

★★★★ "polished performance" Musical Theatre Review (2022)

"It's a beautiful tale of hope and mental health struggles." LOST IN TheatreLand

★★★★ "Directed by Julia Stubbs the result is a moving piece of theatre." ReviewsGate

BEST MUSICAL Runner-Up "a highly unusual biographical piece of musical theatre that is genuinely touching"
Musical Theatre Review Edinburgh Festival Fringe Awards (2021)

★★★★ "This is a biographical work like nothing else I have ever seen... this show tells his survivor's story in an expression of hope... There are several very well-crafted songs in the show: songs not only from the heart but touching the heart of the listeners." Musical Theatre Review (2021)

For further information, images and interview availability please contact Tim Stubbs Hughes at Grey Swan on 07931 791807 or tim@greyswan.co.uk

Listings Information

MMGMUSIC PRODUCTIONS presents Mark Glentworth's SEVEN and a half YEARS

Venue: Applecarts Arts, The Passmore Edwards Building, 207 Plashet Grove, London E6 1BX

Dates/Times: 14-16 September at 19.45

Ticket prices: £15-£10 plus booking fee

Box office: <https://applecarts.ticketssolve.com/ticketbooth/shows/1173646781>

Show Info: 60 minutes; Occasional strong language; Suitable for 14+

Show Website: <https://www.sevenandahalfyears.co.uk>